At times during the past 20+ months, it felt like we would never get together as a group again. Although it’s taken some finagling, we have managed to do more of our ministries and gather together for some welcomed fellowship. It started back in January as we inched toward some sense of normalcy with Pysanky making sessions in the hall. Participants maintained a safe distance from each other in preparation of our Annual Pysanky Sale. We managed to have a wonderful day reuniting with the Pittsburgh community as they came back to enjoy our pysanky sale and to once again immerse themselves in our Ukrainian culture. It’s safe to say that we delighted in the experience just as much as our guests did!

We carefully reinstated coffee hours, making sure to put into place Covid protocols to help keep our church family safe. Our numbers were small in the Spring, but continue to grow each week.

Happy to once again host the Annual Mother’s Day and Father’s Day lunches, we set out to make the day a little more special for our honored guests. Summer was a time to prepare for two fall festivals that were back to back. We made perogies several times in preparation for the Carnegie Fall Festival and then a week later, our own Ukrainian Food Fest. You may recall that in the fall of 2019 our chapter became the Rogi Rumble Champs. The Festival was cancelled last year so this was our first opportunity to defend our title, and defend it we did! Yes, we are the Rogi Rumble Champs once again! We don’t know if our winning brought out the people the following weekend, or the great weather, or just the idea of a food festival, but we had amazing attendance for our two day event. We sold out both days and had very few crumbs left. Many attendees dined outdoors, taking advantage of the fabulous weather. We had typical Ukrainian fare in the hall and a yummy grill outside. Guests loved the option of dining in or out and enjoyed the atmosphere while picking up some baked goods or buying raffle tickets for our spectacular baskets.

The next few months will be busy ones for our chapter…we will continue our mainstay ministries such as our Seminarians Plus Club, Advent Prayer Pals, Lenten Prayer Pals, the Annual Pysanky Sale, and so on. But…our main focus is the preparation of the 75th Annual UOL Convention! We are so excited and humbled to share our parish, our town, our whole Pittsburgh community with all of you!

Our chapter has been working tirelessly to make this a convention to remember. It’s been so long since we have been able to see each other in person, to share our faith, our heritage, our hopes, our dreams together. We invite you to plan ahead and keep July 27th-31st open. Bring the whole family! For those not attending as delegates, Pittsburgh is a treasure trove for the senses….museums, live theatre, nature trails in and around the city, the three rivers, amazing architecture, and of course, culinary delights.

After our business meetings have ended for the day, our evenings are made for your enjoyment. Kicking off our week will be Hospitality Night. Gather together with friends you haven’t been able to see for a couple of years and get reacquainted! Thursday evening is a night revisiting past decades. Come dressed in your favorite decade…poodle skirts or bell bottoms? Mullets or crew cuts? Bouffant or big hair? Pull out those old favorite styles and reminisce about the good old days! Friday night will be Christmas in July, with a Ukie twist. Transport back in time to Ukrainian villages of yesteryear and let it fill your heart. Saturday is a Banquet and Ball of another era. Come celebrate our 75 years of being the Ukrainian Orthodox League by dressing in 1940’s fashions! Bring your dancing shoes and dance the night away to the sounds of the six person Canadian band, Zirka! Sunday we will celebrate Liturgy together and enjoy a yummy luncheon in the hall before heading back to our own parishes, with a renewed sense of who we are as Orthodox Christians and as UOL members.

We look forward to your visit and can’t wait to see all of you again!

Make sure you keep up to date by visiting our Facebook page (75th UOL Convention 2022) or our website, https://www.orthodoxcarnegie.org/75thuolconvention.html
Karen Ferraro

UOlf President

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UOlf Bulletin - Published six times annually - October, November, January, March, April May and June.

The absolute deadline for each monthly issue is the 1st of the prior month. Photos will not be returned.

Note to Contributors: All articles submitted to the UOlf Bulletin must be in 11 point Times New Roman (fedt), or typed and double spaced in 12 point type. Articles may be submitted via e-mail attachments. (Submit to: nsufler@aol.com). If submitting photos please be sure to obtain consents for photos to be included in the UOlf Bulletin.

The editor reserves the right to condense any material submitted. Material cannot be returned.

Ukrainian Cultural Corner

Submitted by Matushka Laryssa Charest

Christmas Eve Traditions

On January 6th, many of our parishes celebrate the eve of Christmas or Sviat Vechir. This day is filled with many traditions that we have been practicing in our family homes for many years. Many of you may know the mod of the common traditions, like waiting for the first star to appear in the sky before the meal is started. The star signifies the journey of the three magi who followed the bright star in the east until the star came and stood over the place where the Young Child was.

Before the star is seen and the meal begins there are a variety of traditions that go into the preparation of the Sviat Vechir, or Holy Supper. Tables are adorned with sheaths of wheat before putting a decorative table cloth on top. This tradition varies with some families placing the wheat on top of the table cloth. Having wheat underneath the dish or underneath the table cloth is a reminder that the Christ child was born in a stable. A lesser known tradition is to put two table cloths on the table, the first being for the departed members of the house and the top cloth for the living who will partake of the meal. A common tradition to remember the departed family members is to arrange a place setting in which nobody will sit so that it is open for the departed’s spirit. Another tradition on the table is to have a plate of breads on the table with a piece of bread on each plate. The wheat (or oats in some regions) is removed from their place by the icons who followed the bright star in the east until the star came and stood over the city of David a Savior, who is Christ the Lord.” Luke 2:10

Along with wheat on the table, a sheaf of wheat can be placed under icons in the house. The wheat, which is dead but will bring forth life when it is planted in the ground, is like the departing members of the family who will have life again when Christ returns. The wheat is referred to as a didukh, which is translated “grandfather spirit.” The wheat (or oats in some regions) are removed from their place by the icons on the feast of Theophany and the seeds are sprinkled on the houses of relative and friends with wishes for a prosperous new year. When oats are used they can be combined with Holy Water brought home from the Theophany service and given to the family’s farm animals.

The Christmas Eve meal consists of 12 Lenten dishes that represent the 12 apostles of Christ. The first dish to be served or eaten is kutia (a sweet wheat and poppy dish). Some families may have someone throw kutia onto the ceiling of their house. If the kutia sticks, this symbolizes a good harvest for the upcoming year. The evening continues with the sharing of the remaining 11 dishes. One of the other small dishes is a piece of bread dipped in honey and offered to each guest. The meal concludes with caroling and the Grand Complines service at church. Over the next 12 days the family will bring their kutia to neighbors and relatives singing carols and exclaiming, “Christ is Born” to hear the answer, “Glorify Him.”

While the eve of the Nativity is a strict fasting day, the next days, January 7th through January 12th are fast free. On the 18th of January many of the Christmas traditions return and another Sviat Vechir is served with many of the same traditions to begin the Feast of Theophany.

MESSAGE FROM THE SENIOR UOlf PRESIDENT

Karen Ferraro

Christ is Born! Glorify Him!

Happy New Year to all of you! I hope your Nativity celebration was full of peace, joy, and hope in the Lord.

Here we are in 2022 already! Time to get excited for our first in-person UOlf Convention in three years! This is my third and final year as Senior UOlf President, yet it will be my first time being able to stand up in front of you to speak. I’m so looking forward to this experience! Our 75th Annual UOlf Convention Committee is working hard in Carnegie to make this a very special event! Please support their fundraising events and enter a placeholder on your calendar to be in Carnegie, PA July 27 -31! For more information see the 75th UOlf Convention website, which you can view via our UOlf website: uolofusa.org

In advance of our convention, we have some important events:

Souper Bowl Sunday is February 13th – Last year, we raised $10,048 with your help. Can we do even more in support of St. Andrew Ukrainian Orthodox Society to help the needy in Ukraine? Yes, we can! If you are unable to prepare and sell soups, please consider taking up a collection on a few Sundays in February in a soup pot to benefit this very worthwhile project!

Eastern Pennsylvania Lenten Retreat is April 2nd – Held in Bethlehem, PA, this retreat will focus on the services of Holy Week. Father Anthony Perkins will be coming up from Georgia, y’all, to speak to us! What a treat! More to come very soon!

Ohio/Western Pennsylvania Lenten Retreat is March 26th – This retreat will be hosted by SS. Peter and Paul UOlf Church in Youngstown, Ohio. We are hoping to have an interactive platform so those out of the area may attend virtually.

Praying Our Way Together Through Great Lent – This is a great opportunity to enhance your prayer life privately but also being part of a group doing the same. Look for information soon from Oleh Bilynsky, our Education Commission Chairperson on how to register for this free event.

We have some other projects in the works and will get you the information as soon as we have the details. Stay tuned to our UOlf website: uolofusa.org or our UOlf Facebook page.

Attention all UOlf Members at Large and friends! The UOlf is currently piloting a program for new chapters and chapters who have had issues in the past establishing/maintaining a UOlf chapter at their parish. We will work with you to establish a “Mission Chapter.” Please see the article in this edition of the UOlf Bulletin for more information. We wish you the best as you establish a new Mission Chapter! You can also participate in the UOlf Convention! Our UOlf Mission Statement: The Ukrainian Orthodox League is a national volunteer organization of members of the Ukrainian Orthodox Church of the USA, who are committed to promoting the Orthodox Faith, supporting the Church, developing the potential of our youth, and preserving Ukrainian heritage and culture. Join us! We can serve the Church better with more active chapters. Did you have a chapter at your parish years ago but not now? Come on back! We welcome you and will provide assistance!

This month, we wish His Eminence Metropolitan Antony a Happy 75th Birthday and commemorate his 50th Anniversary of entering the Holy Priesthood. Many years, Vladyko! Axios! Axios! Axios! Is Pola Eti Despota! Thank you for your service to Christ’s Holy Church! We continue to include you in our prayers.

As we approach Great Lent, please consider joining the Morning Prayers teleconference at 7:15AM ET Monday through Friday, led by the Philadelphia UOlf Chapter. Attend all 5 weekdays or just when you can. Contact Natalie at webul- lein@uolofusa.org for the dial in number. This NOT a video call, so you don’t even need to comb your hair – just come pray with us! You can also dial in from the car on your way to work. The morning prayers are read on the call by either Fr. Taras Nau menko, Andrea Swan, or me. It’s a wonderful way to start your day.

Have some ideas for the UOlf? Write to me at president@uolofusa.org.

“Then the angel said to them, “Do not be afraid, for behold, I bring you good tidings of great joy which will be to all people. For there is born to you this day in the city of David a Savior, who is Christ the Lord.” Luke 2:10-11

With love in Christ,
Karen Ferraro
Redd up! Cumpeyns Cummin!

Redd up! Cumpeyns Cummin! OR in regular non-Pittsburgh talk clean-up we have company coming! We do and it is YOU! Come and be part of a “Family Reunion,” a UOL Family reunion of your Ukrainian Orthodox Family! The convention theme “In the Beginning” allows everyone to start again and renew old friendships or start new friendships! Mark your calendar to attend the 75th UOL Anniversary Convention hosted by Sts. Peter & Paul Sr. UOL Chapter in Carnegie, PA, July 27 – 31, 2022!

We have the hotel booked and it is going to be awesome! A fantastic rate of $99.00 a night! Yes, you read that right! The convention committee secured a rate of $99.00 a night at the Hilton DoubleTree Hotel in Greenentre, PA. The hotel is just a few minutes from downtown Carnegie OR Downtown Pittsburgh. To get to Carnegie you do not have to get on the highway, a bonus! You get breakfast with your stay, free parking, and shuttle service to airport if needed. The hotel has an indoor and outdoor pool, exercise room and onsite food service areas!

The Grand Banquet & Ball celebrating the UOL’s 75 years is of course being held on Saturday Night, 7.30.2022. The theme for the night will be of the 1940’s design with all the elegance. The evening will be busy and fun but come ready to dance to the sounds of “ZIRKA” from Canada! Visit our website and watch videos to hear and see the band to help you get excited for the evening! Tell your friends and neighbors to plan for a once in a lifetime Zavava at this convention! Remember the days of the many tables in the ballroom for conventions? Wonder how many we can fill again this coming July?

On the UOL Website there is a section under membership that has a few statements from UOL members on the UOL’s purpose and the convention’s importance. One member says, “As a family reunion, the Convention rekindles the flames that have been flickering or even close to extinguishing within each of us. Everyone comes back warmed by the joys of the Convention, armed with memories of touching moments, inspirational liturgies and prayer services, incredibly funny experiences (karaoke can certainly bring a crowd to tears from laughter) and heartfelt one-on-one talks with each other. I believe that these moments are in fact far more important than the business decisions and the huge accomplishments of the UOL. The community, the sense of belonging to the family of Ukrainian Orthodox Christians is our purpose.”

Visit our convention website at https://orthodoxcarnegie.org/75thuoconevention to view additional information about the 75th UOL Convention on the hotel and events but also Pittsburgh and Carnegie! You can see what you can do before and after the convention to make your trip a truly rewarding visit or vacation! Information about our various fundraising events for the convention ahead of time that you can participate in (you do not have to be a local either) can also be found! Watch our social media and website for some exciting videos, pictures from the history pages and of course news about the upcoming convention!

MESSAGE
FROM THE JUNIOR UOL PRESIDENT

Natalie Hrytsay

Happy Holidays and Happy New Year to everyone. I hope you all had and continue to have a blessed Nativity season. This year will be a new start for everyone, where we can all continue to share our faith and be connected with each other. 2021 was a difficult year, but we have all made the journey and we must only look forward to what is to come. As we approach the Nativity of our Lord, I urge everyone to remember what a joyous time it is. We should all be thankful for making it through the past year. Gather together with your family and enjoy the time you spend together. Christ brings us all together so that we learn to love and enjoy our lives. Keep those who are ill and unwell in your prayers. Not all parishioners are able to make it to Divine Liturgy, so make an effort to pray for them, or even visit them.

A little reminder I would like to bring up is that Chapter Dues were due December 1st. If your chapter has not sent in their Chapter Dues, please reach out to any of the board members and let us know, because it is very important that you get them in. All forms were sent out, so make it a priority to get them in. Also, we are waiting on roster forms from many chapters. It is important that all chapters are well aware of their deadlines.

During this Nativity season, it is important to be kind to everyone. Many chapters and communities have been doing projects to help those who are less fortunate. In Philadelphia, St. Vladimir’s chapter has been preparing large grocery bags full of canned goods and non-perishable foods for the people of its neighborhood. A good suggestion is a Blessing Box.

Some chapters have done Blessing Boxes in the past and they have been very successful. For more questions about the Blessing Box, reach out to me or any of the Jr. UOL board members.

One final thing I would like to mention is staying connected. It is important for us all to communicate. Our goal this year is to strengthen the UOL. In order for us to succeed in this, we need everyone to regularly reach out and also check their emails. The UOL also puts out reminders about deadlines and any events happening on our social medias. Be sure to check out our Facebook and Instagram. If you have any questions or need suggestions for ways to help build up your chapter, feel free to reach out to me at junior.pres@uolofusa.org.

I hope everyone continues to have a joyful and blessed Nativity season. Thank you.

Yours in Christ,
Natalie Hrytsay

Praying our Way Together
Sponsored by UOL Education Commission

Looking for something to heighten your spiritual journey to prepare for Pascha.

During Great Lent we will be reading the Psalms.

If you would like to journey with us, please email your name, phone number, parish name, and parish address to Oleh Bilynsky at nsufler@aol.com and more information will be sent to you.

Please sign up by March 1, 2022

(Continued on page 5)
Greetings From Philly
Submitted by Andrea Swan

St. Vladimir’s Sr UOL held our first meeting of the new year on September 12th at which time we elected our officers. The following officers agreed to stay in their respective positions: Natalie Bilynsky as President, Andrea Swan as Vice President, Karen Ferraro as Secretary, and Oleh Bilynsky as Treasurer. While the pandemic did slow us down a bit, we still managed to hold weekly summer coffee hours as well as an August game night in the church hall.

This Fall, we are very excited as we worked with the juniors in collecting school supplies during the month of October which we donated to three local schools within our community. And we also can’t forget our college student care packages. In addition, we held our annual Thanksgiving Dinner with all proceeds benefiting All Saints Camp.

This is just several of the events we have planned throughout the year. So stay tuned for what else we have up our sleeves!!!!!!!!!!!!

Souper Bowl Sunday 2022
Submitted by Anna Anderson

It’s time to begin planning for the annual Souper Bowl fund drive! This year’s Souper Bowl will be held on Sunday, February 13, 2022. Proceeds raised on Souper Bowl Sunday go to fund the St. Andrew Society Soup Kitchens in Ukraine.

St. Andrew Society provides many meals to the hungry throughout Ukraine by providing numerous meals through its soup kitchens. In addition to the soup kitchens, St. Andrew Society stocks food pantries and delivers food staples to shut-ins all over Ukraine.

With the current pandemic, it is imperative that we raise extra funds to help all those who are sheltered in place due to the pandemic. Meals are more difficult to serve in crowds as social distancing is necessary to keep people safe. The pandemic has made the logistics of feeding the hungry a challenge.

St. Andrew Society has expanded their outreach. The Society has been giving aid to the families that have lost soldiers in the Russian Aggression.

St. Andrew Society has been donating money to other soup kitchens as there has been a greater need for meals across Ukraine due to the pandemic.

This year’s Souper Bowl challenges will be felt by all parishes as we embark on our annual fundraiser. It is suggested to raise money by more creative means. Perhaps a drive-thru soup dinner where sandwiches and soup can be provided for donation or a set fee and be set up outside so as to keep participants safe. Pre-ordering may be necessary. Placing soup pots in your church’s vestibule is also a good way to solicit donations. Be creative! Please make an all out effort to participate in this very important charitable event. Be sure to submit an article to the UOL Bulletin that explains your Souper Bowl event.

Donations made be made directly by sending your check to: Joe Googde, UOL Financial Secretary 1924 State Rte. 208 Pulaski, PA 16143

If you have any questions, please feel free to contact Anna Anderson through the UOL NEB.

UOL Piloting a new concept: Mission Chapters
Submitted by Karen Ferraro

Over the years, we have been hearing that our smaller parishes have difficulty in establishing and maintaining UOL chapters. Some don’t have enough members willing to volunteer for officer positions, or they may have financial challenges that keep them away from establishing a chapter. In response, the UOL National Executive Board, in considering the discussions at a related Post-Convention meeting, has established the following pilot program for what we call Mission Chapters:

The goal in establishing the new category of a Mission Chapter is to allow our smaller parishes to establish and/or maintain UOL Chapters with a minimal number of members and without an abundance of requirements, especially from a financial perspective until they can grow into a standard UOL Chapter.

A chapter shall be considered for Mission Chapter status if they have 5-10 members/potential members.

An existing small chapter may apply for Mission Chapter status by contacting their Chapter Liaison.

A new chapter may apply for Mission Chapter status at the time they submit their petition. (See UOL Handbook and Constitution, found on the UOL website: uolofusa.org)

A mission chapter shall have the same responsibilities as a full chapter with the following exceptions:

A Mission Chapter is not required to pay chapter dues, but is encouraged to do so at any time during the year (without any late fees), if they are able.

A Mission Chapter is not required to have officers but must submit the name of a POC and a backup for communication from the UOL NEB.

Since there will be no election of officers, submission of an Election Report is waived.

Mission Chapters are encouraged to plan one fundraiser project and one fellowship project per year.

Other information:

Individual membership dues of $20 per person are still applicable.

A Mission Chapter leader will be required to submit an Annual Report/Progress Report, but the report will be changed/simplified from its current format for all chapters.

Mission Chapters shall be assigned a “buddy chapter” to assist them.

The UOL NEB will provide a simple outline on general content of a UOL Chapter meeting, format for a chapter financial report, and examples of project ideas.

Mission Chapter status is reviewed on an annual basis. Chapters wishing to continue with this status should schedule a meeting with the UOL National Executive Board prior to September 30th of each year.

Please note: We understand we have larger chapters (20+ members) where few are willing to take on an officer position. Sometimes, these chapters also have financial challenges with most of their membership of retirement age. The UOL NEB wants you to know we understand and will work with you to keep your chapter active with some adjustments. Please contact your chapter liaison or contact the UOL president directly at president@uolofusa.org.
75th U.O.L. Convention

“In the beginning…”

The 75th U.O.L. Convention Committee is asking our membership to help us remember our beginning by displaying our past.

*Do you have pictures of past conventions. Either paper or electronic? We would be pleased to have them.

*Do you have memorabilia from past conventions? We would also be pleased to display those items.

*If you can help, please contact:
Deacon Evan O’Neil
110 Woodhaven Dr.
McDonald, Pa. 15057
724-775-1166
aliceclifonell@yahoo.com

Time to start learning your Pittsburgh words! Will you be ready?

Abaht = about
Buggy = shopping cart
Cach = couch
Dower = Dollar
Especially = especially
Flahr = flower
Greazy = greasy
Hans = house
Ithernt = ignorant
Kranz = crayons

What does U. O. L. stand for?

U. O. L. stands for “Ukrainian Orthodox League.”

U. O. L. stands for “Dedicated to Our Church * Devoted to Its Youth.”

On UOL Sunday, first Sunday in December, UOL chapter members will come together as a chapter to participate in the Divine Liturgy and remember the mission and purpose of the UOL Chapters not only participated in the Divine Liturgy, but also fellowship and other UOL activities.

They reflected on the UOL's Mission Statement:

“The Ukrainian Orthodox League is a national volunteer organization of members in the Ukrainian Orthodox Church of the USA, who are committed to promoting the Orthodox Faith, supporting the Church, developing the potential of our youth and their active participation in the life of the Church, and presenting Ukrainian heritage and culture.”

The U.O.L.'s purpose is exclusively spiritual, charitable, and educational. To develop and promote greater religious consciousness and understanding among our people; to inaugurate, sponsor, and develop group study of the Ukrainian Orthodox Church and Orthodox Faith.

To encourage youth interest and participation in church affairs—locally and in the Church as a whole—and to prepare the youth for its assumption of organizational responsibilities and duties of our Church.

To promote knowledge of our Ukrainian national heritage; to acquaint the American public with the tragic plight of our Ukrainian kinmen past and present and to extend to them all aid necessary and possible. To develop and promote greater religious consciousness and understanding amongst our people; to inaugurate, sponsor, and develop group study of the Ukrainian Orthodox Church and Orthodox Faith.

To promote by every means possible the growth and development of our entire Church organization.

To coordinate religious, cultural, and social activities by means of dissemination of information, issuing suggestions, and by the initiation of regional and national projects.

Western Pennsylvania UOL Retreat March 26, 2022
UOL Retreat Bethlehem, PA April 2, 2022

Nourish your soul!
Attend a UOL Retreat!
Questions answered by Fr. Harry Linstibigler

Fr. Anthony’s Questions: What are your favorite “canons people swear by but don’t really exist” (for that don’t have canonical authority)? Possible examples: the fasting schedule has canonical stature. Canons say priests can’t own firearms. Only bleached white wheat flour for prosphora. If someone causes an accidental death, they can’t be a priest. (I hear this cited a lot, but can’t find the proof).

We must break down those “canons” which are not in any canonical collections, and those which are in statutes but not in canons, yet are confused for universal canons, and supposed “canons” which do not exist at all.

In the example you gave, none of the universally approved canons state that a person who causes an accidental death cannot be a priest. This is often seen as an “extension” from the killing in war canon, yet, one would be hard-pressed to justify it. Likewise, there are no canons that state priests cannot own weapons (indeed, the Lord told Peter to have one on the night in which He was betrayed).

As for bleached white flour, “don’t get me started” as they say. Really the flour should not be bleached, but should be that where the wheat is separated from the chaff (not expressly in the canons but reflects a Biblical precept). Even though “bleaching” is not a great practice, one would be hard-pressed to find a canon against bleaching, since it did not exist.

That wine be grape wine and the bread must be of wheat is found implicitly in the canons. For example, canon 44 of Carthage states: “But let nothing else be offered among first-fruits than grapes and grain (or wheat).” The reason for this is evident, that the wheat and grapes are to be made into the bread and wine to be offered in the Eucharist.

Apostolic Canon 3 is even more clear on this point. It restricts using substitutes or artificial liquor instead of (grape) wine, and permitting only “ears of grain for making prosphora and wine to be offered in the oblation.”

Thus, it involves not only canonical but also juridical questions. These canons clearly state that the wine and bread are not to be made by any other means.

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Apostolic Canon 3 is even more clear on this point. It restricts using substitutes or artificial liquor instead of (grape) wine, and permitting only “ears of new wheat or bunches of grapes” when they have come to fruition, again, because they are to be made into wheat-grain for making prosphora and wine to be offered in the oblation. Obviously the church had the custom of blessing these items for this purpose. Undoubtedly, the blessing of grapes at Transfiguration originated as the first-fruits which were brought forth to make wine for the oblation for the year. Somewhere along the line it became simply a blessing of “private fruits.” But clearly in the time of Apostolic Canon 4, none of the wheat or grapes offered were to go privately even as a portion to...
Join in the fun!
Take a picture reading your UOL Bulletin and submit nsuffer@aol.com.
Submit pictures by sending to nsuffer@aol.com

Above members of the Sts. Peter and Paul UOL Chapter reading the UOL Bulletin.

Top picture, Pat, Mike and Tracey Sally. Next: Cindy Haluszczak and Fr. Charest. Matushka Laryssa Charest reading the Bulletin and finally Mike Sally so excited by the UOL Bulletin he takes a nap!

Below Michael Nakonachny and Pani Maryanne Nakonachny enjoy the UOL Bulletin at Disney. On the right they continue reading the Bulletin while meeting friends from Frozen. Below Michael with Thomas Jefferson.

UOL President Karen Ferraro enjoys the UOL Bulletin in Albuquerque, New Mexico with Andrew and Anastasia Estocin.
UOL Tribute

A donation to the Tribute Fund is an acknowledgment of a Milestone, Memorial, or Accomplishment, or is a Special Recognition of an individual or group. Your much-appreciated contribution is used to support and further the Mission of the Ukrainian Orthodox League. All donations are published in the UOL Bulletin.

Donor In Honor of

Lydia Bohen and Yvonne Mark In honor of Steve and Alice Sivulich, faithful to Camp Kon-O-Kwee and the UOL. Thanks for the great memories and friendship!

Catherine Shaffer In memory of my brother, John Lesky Shaffer on the anniversary of his passing.

Vichnaya Pamyat! Memory Eternal!

To submit your Tribute:

Submit a card that includes your Name and Address, the Name of the Person to Receive the Tribute, the occasion of the Tribute (for example In Memory or To Honor), and the Name and Address of the person to whom an acknowledgement card should be sent. For a contribution of $20 or more, the name and occasion is printed in the UOL Bulletin.

UOL Tributes should be submitted to:

Natalie Bilynsky 703 Pine Ridge Road Media, PA 19063

Send your tribute today!

(Ask Fr. Harry - continued from page 6)

the priests—all was for the two elements of offering. Of course, by tradition the wheat is separated from the chaff and thus is not “dark wheat bread,” but that does not make it “bleached white,” but usually an off-white to yellowish color.

One of the worst “made up canons” I have ever heard was when a priest told his parishioners that even infants should be made to fast because of the “apostolic canon” that said that a baby should be removed from his mother’s breast during the Great Fast. Such pseudo-canons can scandalize the faithful for no good reason other than the priest’s ignorance.

Another frequently held one is the “canon” that holds that a certain percentage of alcohol should be in the wine of offering. There is no such canon. The canons of Carthage and Trullo that mention “wine mixed with water” indicate that there must be more wine than water (and thus maintaining the consistency of wine). That it says “wine” first indicates it must maintain the consistency of wine, and that it says “wine” at all indicates that it must not be vinegar. The canons of the Apostles indicate that no artificial alcohol should be used. Many interpret this to mean that no fortified wines should be used.